



**BRITISH ASSOCIATION  
OF DERMATOLOGISTS**  
HEALTHY SKIN FOR ALL

## **Updated guidance for remote pregnancy testing during isotretinoin treatment (October 2025)**

The requirements of the Pregnancy Prevention Programme with regards to pregnancy testing, as outlined in the Summary of Product Characteristics (SmPC), continue to apply, but may be adapted for remote consultation. To increase the likelihood of compliance, pregnancy tests should ideally be sent to the patient by their clinic.

Pregnancy testing can be done remotely by the patient at home, provided that:

- adequate instructions and support are provided
- the pregnancy tests meet the minimum required sensitivity (25 mIU/mL)
- the result of the pregnancy test is verified by the prescriber, e.g. the patient can send a photograph of the result electronically to the prescriber or display the result during a video consultation.